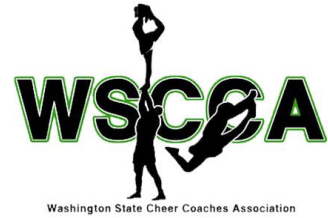


WSCCA All State

8 COUNT SHEET

STUNT DIVISION: **INTERMEDIATE STUNT GROUP**



ROUTINE SECTIONS	1	2	3	4	5	6	7	8
	1				MUSIC	STARTS		
FRONT FLIP OVER BACKSPOT	2			SHRUG	FLYER JUMP IN HANDS ON BASES SHOULDERS	FLYER GRABS BACKSPOT HANDS	BASES TOSS FLYER OVER BACKSPOT	BASES MOVE TO CATCH FLYER IN FRONT OF BACKSPOT
RELOAD TO EXTENDED CUIE	3	BASES FACE FORWARD WITH FLYER IN CRADLE		BASES POP FLYER TO LOAD		BASES DIP		EXTENDED CUIE LOWER TO PREP
PRONE	4	BASES DIP		FLYER PRONE		CATCH PRONE		SET OUT
PREP LIB	5	BASES SET FOR LIB		DIP		PREP LIB	HOLD LIB	HOLD LIB
PULL HEAL STRETCH	6	PULL HEAL STRETCH						FLYER GIVE BASES HEAL STRETCH LEG AT PREP LEVEL
PREP TO CARTWHEEL DISMOUNT	7	HOLD PREP		BASES DIP	FLYER CARTWHEEL OUT OF PREP			
	8	GROUP CLEAN/ RALLY						
	9							
	10							
	11							
	12							