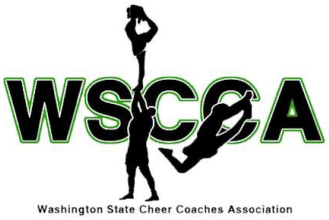
WSCCA All State

8 COUNT SHEET

STUNT DIVISION: **ADVANCED STUNT GROUP**



ROUTINE SECTIONS		1	2	3	4	5	6	7	8
	1					CLEAN		HIGH V	
ROUND OFF TO PREP	2	ROUND OFF			LOAD	SET		HOLD	
	3	BASES DIP				PREP		HIGH V	
360 Prone	4	BASES DIP		360 PRONE		CATCH			
	5	ROLL OUT				CLEAN		SHRUG	
	6	WAVE	WALK BACK			SET			
Switch up Lib	7	DIP		SWITCH UP		CONE		HIGH V	
Pancake	8	HOLD				PANCAKE		CATCH	
	9	STEP OUT				CLEAN			
Quick TOSS to CUPIE	10	SET				BASES DIP		TOSS	HIT CUPIE
	11	HOLD				HIGH V	DIP	POP OFF	
	12	CATCH				CLEAN			