

### Beginning All Girl Stunt Sequence

	1	2	3	4	5	6	7	8
1					Intro			
2	Turn to Back		High V		Cartwheel		Pop to Shoulder Level Inversion	
3	Hold		Dip		Pop to Load		Load	
4	Hold		Dip		Show & Go (High V)	Clean	Load	
5	Set Out		Walk Forward		Load In		Hold	
6	Dip		1/2 Up (High V)		Prep		Hold	
7	Dip		1/4 Turn Cradle		Catch		Hold	
8	Dip		Reload		Hold		Dip	
9	1/4 Up to Extension (High V)		Hold		Dip		Bump Down (Clean)	
10	Load		Stair	Step	To Prep		High V	
11	Dip		Full Down		Catch		Hold	
12	Dip		Reload		Hold		Dip	
13	Cupie (High V)							

**Skill Order:**

1. Cartwheel Inversion to Shoulders
2. Pop Through To Load
3. Extended Show & Go
4. 1/2 Up to Prep
5. 1/4 Cradle
6. Reload
7. 1/4 Up to Extension
8. Bump Down
9. Stair Step to Prep
10. Full Down
11. Reload
12. Straight Up Cupie

### Intermediate All Girl Stunt Sequence

	1	2	3	4	5	6	7	8
1					Intro			
2	Dip		Full Up		Hit at Prep (High V)		Change Grip	
3	Clean		Dip		Prep to Prep Full Around		Hit at Prep (High V)	
4	Hold		Dip		Bump Down		Liberty Grip Load	
5	Hold		Hold		Dip		Liberty	
6	Hold		Hold		Dip		Full Down	
7	Catch		Hold		Dip		Flat Back	
8	Hold		Hold		Dip		1/2 Turn	
9	To Prone		Hold		Forward Roll		Stand	
10	Turn to Back		Hold		Set to Back (High V)		Cartwheel/ Round-off	
11	Basket Grip		Pop Through		To Prep (High V)		Hold	
12	Dip		Heel Stretch		Hold			

**Skill Order:**

1. Full Up to Prep
2. Prep to Prep Full Around
3. Bump Down
4. Straight Up Liberty
5. Full Down
6. 1/2 Turn to Prone
7. Forward Roll Out
8. Round-off Up to Prep
9. Press to Heel Stretch

### Advanced All Girl Stunt Sequence

	1	2	3	4	5	6	7	8
1					Intro			
2	Set		Dip		Left Lib		Power Press	
3	Tick to Stretch		Hold		Dip		Full Down	
4	Catch		Hold		Dip		Reload	
5	Change Grips		Hold		Dip		1 1/2 Up	
6	Hit (High V)		Hold		Dip		Pop Off	
7	Catch		Clean		Move		Clean	
8	Set		Dip		Should Level Inversion		Hold	
9	Dip		Pop Through		Arabesque		Hold	
10	Dip		1 1/4 Down		Catch		Hold	
11	Set Out		Clean		Set		Hold	
12	Dip		Switch	to Stretch	Hold			

**Skill Order:**

1. Low-To-High Tick to Heel Stretch
2. Full Down
3. 1 1/2 Up to Cupie
4. Pop Off
5. Load Level Inversion to Arabesque
6. 1 1/4 Cradle
7. Switch-up to Heel Stretch

### Coed Stunt Sequence (1-4 Boys)

	1	2	3	4	5	6	7	8
1					Intro		Set	
2	Dip		Toss		Hands		Hold	
3	Dip		Press Liberty		Hold		Dip	
4	Cradle		Catch		Hold		Set Out	
5	Move		Set		Load		Hold	
6	Dip		1 1/2 Up		Hit		High V	
7	Dip		Pop Off		Catch		Clean	
8	Set & Dip		Switch	to Stretch			Hold	
9	Dip		Full Down		Catch		Set Out	
10	Clean		Set		Dip		Toss	
11	Extension (High V)							

**Skill Order:**

1. Toss Hands
2. Press Liberty
3. Cradle
4. Group Stunt 1 1/2 to Cupie
5. Pop Off
6. Group Stunt Switch-up to Heel Stretch
7. Full Down
8. Toss Extension