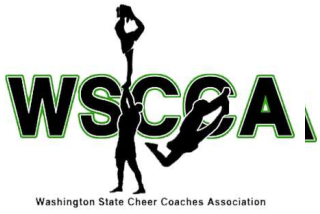
WSCCA All State

8 COUNT SHEET

STUNT DIVISION: **INTERMEDIATE STUNT GROUP**



ROUTINE SECTIONS		1	2	3	4	5	6	7	8
	1					*MUSIC*	*STARTS*		
	2			SHRUG		SET			
Suspended Front Flip	3	GRAB HANDS		BASES DIP		TOSS		CATCH	
	4	TURN		RELOAD					
CUPIE	5	BASES DIP		CUPIE		HIGH V			
PRONE	6	BASES DIP		TOSS		CATCH		CLEAN	
PREP LEVEL LIB TO BP (BODY POSITION)	7	SET		BASES DIP		HIT LIB			
	8	PULL BP						PREP	
CARTWHEEL OUT FROM PREP	9	BASES DIP		TOSS/PULL		CATCH		CARTWHEEL OUT	
	10	CLEAN							
	11	CATCH	CLEAN						
	12								