

# All State FAQs 2023

## **What will the All-State competition look like?**

*This competition is open to all School and Recreational cheerleaders. The All-State competition will be two parts; preliminary **February 17<sup>th</sup> (virtual)** and finals **March 11<sup>th</sup> (in person)**. All athletes will participate in the preliminary virtual portion by video submissions. The top percentage in each division advancing to the finals, will be notified via email the week of **February 24**. If you accept the invite, you must be in attendance for the in-person competition at Rogers High School (Puyallup WA ) on **March 11, 2023**. (No video submissions are allowed for finals).*

## **What material will my athletes perform at All State and in what order?**

*Your athletes will perform a jump sequence, cheer, and dance. Those competing in the tumbling category will also demonstrate their tumbling. Those competing in the stunt category will perform the stunt sequence in the order that is posted for their category.*

## **How do I submit my video?**

*Please record one complete video that includes your jump, cheer, and dance (tumbling if required) or stunt sequence. Upload your video to YouTube making it "Unlisted". The title should be your full name that was used in registration. The description should be your name followed by your program name. Once complete email the link to [allstatewscca@gmail.com](mailto:allstatewscca@gmail.com)*

## **What should my athlete wear?**

*Participating athletes should wear their full uniform. If you don't have a uniform wear athletic PE style attire in your team colors. Hair should be worn up and away from the face with "Game Day" presentation.*

## **How will my athletes be judged?**

*Attached to this email is a score sheet. Please read through each category to see what criteria judges will be looking for. Your 'Jump Combo' will have a maximum of three jumps. This does not mean you must do three jumps. This means that you do not need to do more than three jumps to receive a max score in difficulty.*

## **Can I tumble?**

*Yes. In the tumbling division a maximum of 1 tumbling pass is allowed. Please note tumbling must be completed on the 2 standard 6'x42' (side by side) mats provided.*

## **Can All Star cheerleaders participate?**

*Yes, if you cheered sideline on a high school or recreational team during the 2022/2023 season.*

## **Can I use props?**

*Yes, however they are not required.*

## **Can I change the words to the cheer?**

*Yes, its strongly encouraged to use your program colors, mascot, etc in the cheer.*

## **Can I compete in more than 1 division?**

*No, athletes cannot cross over. You can enter into one individual division and one stunt division.*

## **What would happen in event of a "tie score?"**

*Tie-breaks will be decided by the highest cheer score.*

## **What are the divisions?**

*The divisions are outlined below if you are unsure of your division, please contact your coach.  
Rec ages 8 and under non tumbling*

- Rec ages 9+ non tumbling

- Rec all ages tumbling
- Jr High, JV, Middle School non tumbling
- Jr High, JV, Middle School tumbling
- Varsity non tumbling
- Varsity tumbling
- Stunt Group Intermediate (All Girl)
- Stunt Group Advanced (All Girl)
- Stunt Group Coed (Advanced Sequence, Group of 4 with at least one male)
- Rec Stunt Group (Intermediate Sequence)

**Will you post athletes scores/rankings?**

*We will not publicly post athletes scores and rankings; however, your coach can email [allstatewscca@gmail.com](mailto:allstatewscca@gmail.com) after the event and we will respond with your athlete's score.*

**What comes next for my athlete if they make the All-State Team?**

*If your athlete is named part of the All-State Team, we will be reaching out to them about demoing at the WSCCA Coaches Conference. We will have different speakers, coaches and industry professionals that will need demo athletes to showcase their techniques and methods to help grow cheerleading in the state of Washington. What better way to do that than by letting them borrow our state's most talented athletes!? Demoing is not a requirement of making the team.*

**Who can I contact regarding payment issues or challenges?**

*Any payment related questions, please email our WSCCA Treasurer, Kim Westerberg at [cheercoachkw@gmail.com](mailto:cheercoachkw@gmail.com). Please also 'cc' [allstate@wscca.org](mailto:allstate@wscca.org) & [info@wscca.org](mailto:info@wscca.org).*