

# All State FAQs 2020

## **What material will my athletes perform at All State and in what order?**

Your athletes will perform a variety of different skills and material based on their category. Please see below to clarify EXACTLY what material they will need to perform.

### **NT Female** Athletes

- Mat #1: Jump Combination (3 jumps max)
- Mat #2: Hip Hop Dance
- Mat #3: Band Dance
- Mat #4: Cheer

### **NT Male** Athletes

- Mat #1: Jump Combination (3 jumps max)
- Mat #2: Hip Hop Dance **OR** Partner Stunt
- Mat #3: Band Dance (male version)
- Mat #4: Cheer

### **Tumbling Female** Athletes

- Mat #1: Jump Combination to Standing Tumbling (3 jumps max)
- Mat #2: Hip Hop Dance
- Mat #3: Running Tumbling Pass
- Mat #4: Cheer

### **Tumbling Male** Athletes

- Mat #1: Jump Combination to Standing Tumbling (3 jumps max)
- Mat #2: Hip Hop Dance **OR** Partner Stunt
- Mat #3: Running Tumbling Pass
- Mat #4: Cheer

## **What should my athlete wear?**

Participating athletes should wear their full uniform. Hair should be worn up and away from the face with “Game Day” presentation.

## **Where do my athletes check in?**

Athletes will check in at the registration table upon their arrival. They will receive a wrist band that indicates they are a competitor. They will also receive the most up-to-date schedule that shows when their check in time begins in the warm up room. PLEASE BE ON TIME TO WARM UPS. We will not be sending representatives to make sure you are there. If you are late to the warm up room, you will not be given any additional time.

## **Is there a Coaches Meeting?**

Yes! There will be three coaches meetings during All State to go over schedules and answer any additional questions you may have. They will be held in the Warm Up room and there will be signage and volunteers to help direct you to the proper location.

- NT Individuals: 9:15 AM
- T Individuals: 11:30 AM
- Stunt Groups: 3:45 PM

## **What order will my athletes compete in?**

Athletes will compete in alphabetic order by LAST name within each category as often as possible. Once the schedule is released, if you feel your athletes are too close together, we will do our best to accommodate those changes. Your athlete will have a number assigned to them at check in and it will be written on their leg (tags will be used for male athletes).

- NT Individuals: Last name A-Z
- T Individuals: Last name A-Z
- Stunt Groups: School name A-Z (alternating divisions)

### **Will music be provided?**

Music players will be available in the warm up room, but you will need to bring your own device to play music (iphone, ipod, mp3, etc.). Aux cords will be provided as well, but if you need an adaptor, please make sure you have one with you. You DO NOT need to have someone to play music for you in the main gym. Dance music will begin when the judge signals to the athlete that they are ready and the athlete is in place to begin.

### **How will the timing work?**

INDIVIDUALS: Once an athlete checks into the warm up room, they will have SIX minutes before their warm up time begins. They will then have FOUR minutes to warm up any material they need to on their warm up panel (2 mats). They will then have SIX minutes before they check into the main gym and another SIX minutes before they start their first mat (jumps).

GROUP STUNTS: Once a group checks into the warm up room, they will have SIX minutes before their warm up time begins. They will then have SIX minutes to warm up any material they need to on their warm up panel (2 mats). They will then have SIX minutes before they check into the main gym and another SIX minutes before they take the floor.

### **As a Coach, where do I go during warm ups & while they perform?**

Coaches should accompany their athletes in the warm up room and there is reserved seating for Coaches in the main gym. The first row of the bleachers (behind the judges), will be available for you to follow your athletes along as they compete. You cannot, however, be on the mat with your athlete or spot any skills. As an added note, you are only allowed to stunt in the warm up room during your scheduled time.

### **How will my athletes know when to start performing their material?**

Once it is your athlete's scheduled mat time, there will be a green flag that is raised to let them know the judge is ready for their performance. Multiple mats will be going at the same time, so athletes will need to be loud in their cheer and stay focused on their panel. The 'Hip Hop Dance' music will play first, then the 'Band Dance' during the NT Division so the music will not overlap.

### **How will my athletes be judged?**

Attached to this email are the rubrics for each category. Please read through each category to see what criteria judges will be looking for. UPDATE: Your 'Jump Combo' will have a maximum of three jumps. This does not mean you must do three jumps. This means that you do not need to do more than three jumps to receive a max score in difficulty.

### **How do the stunt groups begin their routine?**

Stunt groups should begin as shown in the posted video.

### **Can my stunt group have a front spot?**

No. All stunt groups will have 4 athletes.

### **What would happen in event of a "tie score?"**

Tie-breaks will be decided by the following:

- NT Individuals: Sum of Band Dance & Cheer score
- T Individuals: Sum of Jump Combo & Running Tumbling score
- Stunt Groups: Sum of Overall Impression scores

### **What time are awards & what awards should we expect to see given out?**

Awards are scheduled to begin at 6:00 PM.

**INDIVIDUALS:** We will be awarding the Top 3 in each category with a certificate (Ex. Top 3 NT Jump Combo, Top 3 Tumbling Jump Combo, etc.). The Top 15 all around athletes from each division will make the 2019 All State Team and be awarded a medal. The Top 3 overall athletes from each division will also be recognized with a plaque.

**STUNT GROUPS:** We will be awarding the Top 3 in each division with a certificate (Ex. Top 3 Beginning, Top 3 Intermediate, etc.). The top group from each division will make the 2019 All State Team and be awarded a medal. The highest scoring group across all divisions will be recognized with a plaque.

**Will you post athletes scores/rankings?**

We will not publicly post athletes scores and rankings, however you can email [allstatewscca@gmail.com](mailto:allstatewscca@gmail.com) after the event and we will respond with your athlete's scores and ranking.

**What comes next for my athlete if they make the All State Team?**

If your athlete is named part of the All State Team, we will be reaching out to them about demoing at the WSCCA Coaches Conference. We will have different speakers, coaches and industry professionals that will need demo athletes to showcase their techniques and methods to help grow cheerleading in the state of Washington. What better way to do that than by letting them borrow our state's most talented athletes!? Demoing is not a requirement of making the team. We understand that is a tricky date that could have conflicts with Prom, Graduation, etc., but we are excited to have as many athletes as possible available.

**If I want to bring additional team members and coaches to support, do they get in free?**

We would LOVE to have additional team members come and support! They will not get in free, but there is a discounted rate. Cheerleaders are \$5/each. Teams can admit up to three coaches for free, but additional coaches will also need to pay \$5 for entry.

**Who can I contact regarding payment issues or challenges?**

Any payment related questions, please email our WSCCA Treasurer, Sheryl at [wscabookkeeper@gmail.com](mailto:wscabookkeeper@gmail.com) Please also 'cc' [allstatewscca@gmail.com](mailto:allstatewscca@gmail.com) & [wscawebmaster@gmail.com](mailto:wscawebmaster@gmail.com).

**Will there be food & vendors at All State?**

Yes! There will be three food trucks at All State. There will also be merchandise available for purchase including t-shirt sales through NW Designs and photography from Tedesco Photography.

**Are All Star or Rec Cheerleaders allowed to participate in All State?**

At this point, All State is a competition specifically reserved for our school athletes.

**Are there any hotels nearby? If so, is there a room block for All State?**

There are several hotels nearby, but unfortunately they do not offer a room block. Below is the contact information for the local hotels:

**Holiday Inn Express (7 Miles Away)**

812 S Hill Park Dr, Puyallup, WA 98373  
(253) 848-4900

**Hampton Inn & Suites (8 Miles Away)**

1515 S Meridian, Puyallup, WA 98371  
(253) 770-8880